



## Menu options 2021

**For groups only - the following options cannot be mixed**

For special occasions please ask to see our menus. Price quoted dependent on menu choice.

Packed lunches can be provided for our overnight guests and for individuals on personal retreats and quiet days

### **Sandwich lunch (£7 per person)**

- 1 round of sandwiches
- Crisps
- Fruit
- Flapjack/traybake
- Juice

### **Cornish Ploughmans (£8.50 per person)**

- Cornish cheese selection
- Rustic bread
- Chutneys
- Fruit

### **Luxury Finger Buffet (£12 per person)**

**Includes GF and Vegetarian options**

- Sandwich selection
- Crudites & dips
- Savoury selection: mini pizzas, quiche, indian bites, wedges
- Cheese & charcuterie boards
- Artisan breads
- Fruit platters
- Mini cake bites

### **Jacket potato lunch (£7.50 per person)**

- variety of fillings & salad garnish
- Fruit

### **Soup lunch (£7.50 per person)**

- Vegetarian soup
- Fresh bread and cheese
- Fruit
- Cake

### **Cooked sit-down Meals**

**Two course lunch/light meal (£12 per person)**

**Two course Sunday lunch (£15 per person)**

**Two course evening meal (£18 per person)**

**Three course evening meal (£20 per person)**

(Our food is locally sourced where possible.)

### **Golfer's lunch (£7.50 per person)**

- Vegetarian soup
- 3/4 round of sandwiches
- Fruit
- Cake

### **Hot Pots (£7.50 per person)**

**(Served in takeaway container)**

- Lentil daal with flatbread
- Chilli con carne with cornbread
- Pasta, either Mac 'n' cheese or tomato sauce with garlic bread
- Chicken curry with naan bread

### **Cornish pasty only (£3.50 per person)**

- A hot meat or vegetarian pasty in a paper bag

### **Bacon or sausage baps (£5 per person)**

**(Vegetarian alternative available)**

- served with fruit juice

### **Cream Tea (£5 per person)**

- two scones with tea or coffee

### **Afternoon Tea (£12.50 per person)**

- Finger sandwiches
- Scones with clotted cream
- Variety of cakes
- Your choice of teas or coffee

### **Tea/coffee and cake (£3.50 per person)**

### **Hot drinks (£2.10 per person)**

- freshly brewed coffee, wide variety of teas