



Looking at the World

A Painting & Prayer Retreat

Led by Pam Bowen & Revd. Roger Clifton from the
Creative Arts Retreat Movement (CARM)

Monday 5th—Friday 9th August 2019

Suitable for all levels of ability, from beginner to more experienced artists. The retreat includes painting and sketching tuition, spiritual accompaniment and plenty of free time for painting, prayer and relaxation. For more information or to book your place, tel. 01872 272249 or email info@epiphanyhouse.co.uk by Monday 8th July.

Epiphany House, Truro, TR1 3DR
www.epiphanyhouse.co.uk

CARM
CREATIVE ARTS RETREAT MOVEMENT


Epiphany House



What happens on a painting & prayer retreat?

Come prepared to relax, to go deeper with God, to paint, to explore... Take another step on your creative and spiritual journey, alongside like-minded people. Each day begins and ends with a short service of worship and there will be opportunities throughout the retreat for spiritual accompaniment. There will be input and help for your artwork, but also plenty of free time for painting and reflection. Please bring your own art materials, we have a small selection of supplies if you need to top up.

Retreat leaders

Pam Bowen studied art at City of Coventry Teacher Training College. In recent years she has concentrated on Flower Painting and Sketchbook work. She regards painting and sketching as a type of meditation and enjoys sharing her knowledge with all abilities. She will introduce the use of the sketch book as a story of ones life in pictures and words. Retreatants will have the opportunity to explore many mediums as well as their own favourite.

Canon Roger Clifton, after starting life as a chartered accountant, spent thirty five years in Anglican parish ministry. His final post was as team rector of a market town and its surrounding villages in Wiltshire, before he retired to Bath in 2010. He has been involved with CARM since its earliest days, and his interests include painting, cycling and mountain walking.

Retreat at Epiphany House

Smaller than some retreat centres with just 12 guest bedrooms, Epiphany House is an historic, comfortable and peaceful house set in lovely gardens. Each bedroom has a hand basin and is close to bathroom facilities (bathrobes are provided). Our catering team enjoy a well-deserved reputation for good food and all meals will be freshly prepared in-house.



Arrival & departure

The retreat begins at 10am on Monday 5th August and will conclude on Friday 9th August at 4pm. You are welcome to extend your stay at the House before or after the retreat at a discounted rate of £36 per person per night bed & breakfast. Please arrange this when you book. The house has plenty of free parking and is easily accessible from Truro city centre and the railway station.

Booking

Please book by Monday 8th July to ensure your place. The cost of the retreat is £335. We have a bursary fund which may cover part of the cost for those in financial need who would otherwise not be able to come on residential retreat.

For further enquiries or to book, please contact the office:

email info@epiphanyhouse.co.uk or tel. 01872 272249.

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